

CURRICULUM DESCRIPTION:

Background Information

Applicant Name:

City/State:

Project Title:

Project Director:

Project Director Telephone:

Project Director E-mail:

Curriculum Title: *Healthy Image of Sex*

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Copyright Date: 2004

Target Audience: African American adolescents, ages 12-18

Demonstration of Curriculum's Consistency with Legislative Requirements

Curriculum authors designed the *Healthy Image of Sex* curriculum specifically for African American adolescents, therefore curriculum images and particular lessons are approached from this cultural perspective. Sessions are designed to be 45 to 60 minutes in length and appropriate for 7th through 12th grade students.

The *Healthy Image of Sex* curriculum focuses on defining terms related to sexual abstinence for students. Each lesson is built around one or two terms, which are defined and then applied through activities. The curriculum is designed to teach them that abstinence until marriage prepares them for a stable marriage. It teaches them about *love* – the choice to give of yourself virtuously and *marriage* – the choice of a man or a woman to commit to one another as husband and wife for life. The *Healthy Image of Sex* curriculum teaches students to live a chaste lifestyle rather than merely abstaining from sex. The advantage to this, which is explained to students, is that chastity is a virtue that is carried over into the marriage relationship. *Chastity* is defined as: freedom from all sexual activity before marriage and fidelity after marriage.